

## LONDON & AREA POST ADOPTION SUPPORT



Coffee Talk is an informal, drop in forum in which parents of adopted children of all ages can meet in a relaxed atmosphere to share adoption/parenting ideas. We welcome all families at any stage of the adoption process to join us! Our greatest resources in this adoption journey are those who have gone before us and will experience some of the joys and struggles that come with international adoptions. Please feel free to come out and chat, share and learn while enjoying your favorite blend of java!

### **Please join us if you want to:**

- build more personal and long-term connections with other parents of adopted children
- combat the isolation that you may sometimes feel as a parent
- give and get support around specific concerns or issues related to parenting and adoption that are relevant to your experience now or may be in the future (e.g. child development, eating and sleeping challenges, talking with your children about adoption, issues for school aged children, etc.)
- share book and adoption related articles that might be of interest to the group
- meet adult adoptees and hear about their experiences

**Feel free to bring any questions or concerns you have no matter what stage your children are at in the adoption process. We are open to any subject ideas you may have that might enlighten us all!**

Our group meets at the new **Williams Coffee Pub** at 3030 Wonderland Rd. S, (between Wharnccliffe and Southdale) in London. We meet at 7:00 on the **2<sup>nd</sup> Wednesday of every month**. Looking forward to having you drop in for a chat!



### **For more information contact:**

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